

# peace pledge union

## **I AM HUMAN**

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### **Age group:**

KS2

### **Curriculum links:**

English

Art & Design

PSHE

### **Key vocabulary/ concepts:**

Unique

Possibility

Curiosity

Discovery

Wonder

Perfect

Mistake

Choice

Compassion

Equality

Connected

### **Lesson details:**

2+ sessions (depending on time allocated to exploring vocabulary/ concepts and PSHE activities)

Small group/ whole class

### **Tips for teaching vocabulary:**

Check that children understand the words in the box above. If not, give them a simple explanation and an example. Encourage them to reflect on their own experiences (e.g. what is *unique* about them).

If you want to help children remember the words you can write them (or draw pictures to represent them) on to cards and play matching, pairs, lotto or guess-the-word/ describing games.

### **Talking points:**

- What are your interests and paths you like to follow? What is unique about you?
- What are you curious about?
- Think about what makes you: fearful/ hurt/ playful/ timid.
- Can you describe a mistake you made? Is there anyone you would like to say 'sorry' to?

**Activities:**

- Draw a winding path and write or draw where you would like to go.
- Complete a survey to find out what activities others enjoy.
- Helping Hand- draw around your hand and cut it out. Can you think of 5 helpful things that you could write on the fingers (and thumb!)?

**Games:**

- Role play listening instead of fighting (give children scenarios to choose from; these could be real examples)
- We are all Unique! Sit in a circle. Ask the children to 'stand up if you...' (like chocolate/ are left-handed etc). This will help identify what we have in common too.

**Follow-up activities:**

Think about a different or better choice you could have made. How could kindness make "a bad day become a GREAT day"? Draw a picture of this or write about it.

Make a paper chain with all the things that connect you to others. These could be colour-coded for different areas (e.g. food, activities, interests). How do these connections make us stronger?

Tree of 'I Can...' - make a paper/ card tree where each child is a branch of the tree, with leaves that have affirmations written on them (e.g. I can ride a bike). These can be added to as new skills are developed (adults can have a branch too).

This could be a good time to discuss human rights. A child friendly version of the UN Convention on the Rights of the Child can be found here: [www.sites.unicef.org/rightsite/files/uncrcchildfriendlylanguage.pdf](http://www.sites.unicef.org/rightsite/files/uncrcchildfriendlylanguage.pdf)

\*There is also a meditation activity at the back of this book.

**About Peace Pledge Union:**

The Peace Pledge Union is the oldest secular pacifist organisation in Britain. Since 1934 it has been campaigning for a warless world. For more information see: <https://www.ppu.org.uk/>

A path template:

